

**West Texas A&M University Advising Services  
Degree Checklist 2019-2020**

**FPC** This symbol indicates courses that apply towards degree programs at WT. All core classes are offered at FPC. Please refer to the list regarding major specific courses. Course prefixes and numbers may vary at each institution. Please contact an adviser to ensure the course will apply towards chosen core area.

**NAME:** \_\_\_\_\_ **WT ID:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**Athletic Training  
Department of Sports and Exercise Sciences  
AC 217 651-2370**

<b>CORE CURRICULUM COURSES: 42 HOURS ♦</b>	<b>HRS</b>	<b>FPC</b>
<b>Communication (Core 10)</b>		
ENGL 1301 Introduction to Academic Writing and Argumentation	3	
COMM 1315, 1318, or 1321	3	
<b>Mathematics (Core 20)</b>		
MATH 1314*, 1316*, 1324*, 1325*, 1332**/**, 1342**/**, 1350**/**, 2412*, or 2413* (2412 & 2413: fourth hr. moves to Core 90)	3	
<b>Life and Physical Sciences (Core 30)</b>		
<b>Take two courses from (extra lab hours move to Core 90): ♦</b> ANSC 1319; BIOL 1406 or 1408, 1407* or 1409*, 1411, 1413; CHEM 1405* or 1411*, 1412*; ENVR 1407; GEOL 1401 or 1403, 1402, 1404; PHYS 1401*, 1402*, 1411, 1412, 2425*, 2426*; PSES 1301, 1307	6	
<b>Language, Philosophy and Culture (Core 40)</b>		
ANTH 2351, ENGL 2321*, 2326*, 2331*, 2341*, 2343*; HIST 2311, 2323, 2372; MCOM 1307; PHIL 1301, 2374; SPAN 2311*, 2312**/**, 2313*, 2315*, 2371 <b>Choose 1</b>	3	
<b>Creative Arts (Core 50)</b>		
ARTS 1303, ARTS 1304; DANC 2303; MUSI 1306, MUSI 1307, MUSI 1310; or THRE 1310 <b>Choose 1</b>	3	
<b>American History (Core 60)</b>		
HIST 1301, 1302, 2301, 2381 <b>Choose 2</b>	6	
<b>Government/Political Science (Core 70)</b>		
POSC 2305 and 2306	6	
<b>Social and Behavioral Sciences (Core 80)</b>		
AGBE 2317*; COMM 2377; CRIJ 1301; ECON 2301, 2302; PSYC 2301; SOCI 1301 <b>Choose 1</b>	3	
<b>Component Area Option (Core 90)</b>		
<b>Take six hours from: ♦</b> AGRI 2300; BIOL lab hours (from Core 30); BUSI 1304; CHEM lab hours (from Core 30); CIDM 1105, CIDM 1301 or 1315; CS 1301; ENGL 1101, 1302*, 2311*; ENVR lab hour (from Core 30); GEOL lab hours (from Core 30); IDS 1071 (1-3 hours); extra MATH hours (from Core 20); MUSI 1053; PHIL 2303; PHYS lab hours (from Core 30); SES 1120	6	
<b>ATHLETIC TRAINING REQUIREMENTS: 74 HOURS</b>		
<b>DIDACTIC COURSE WORK IN PHYSICAL EDUCATION/ATHLETIC TRAINING: 55 HOURS</b>		
ATTR 2371 Athletic Training I	3	
ATTR 2372 Emergency Response Techniques for Athletic Trainers	3	
ATTR 3308* Therapeutic Exercise	3	
ATTR 3309* Therapeutic Modalities	3	
ATTR 3331* Athletic Training Evaluation I—Lower Extremity	3	
ATTR 3332* Athletic Training Evaluation II—Upper Extremity	3	
ATTR 4320* Athletic Training Trends and Issues	3	
ATTR 4412* Advanced Athletic Training	4	
SES 3302* Structural and Mechanical Kinesiology	3	
SES 3304 Measurement and Evaluation Technique	3	

**Bachelor of Science Degree  
BS.AT (113)**

SES 3316 Drugs, Alcohol and Tobacco	3	
SES 3321 Motor Development	3	
SES 3340 Sport Nutrition	3	
SES 3341* Exercise Physiology	3	
SES 3356* Theory and Practice of Strength Training and Conditioning	3	
SES 4328* Psychology of Injury	3	
SES 4330* Professional Issues in Sport and Exercise Sciences	3	
SES 4341* Sport Biomechanics	3	
<b>DIDACTIC COURSE WORK IN OTHER DEPARTMENTS: 8 HOURS</b>		
BIOL 2401*, 2401L Human Anatomy & Physiology I <b>FPC</b>	4	
BIOL 2402*, 2402L Human Anatomy & Physiology II <b>FPC</b>	4	
<b>ATHLETIC TRAINING CLINICAL EXPERIENCE COURSE WORK: 2-8 HRS</b>		
ATTR 2170 Clinical Experience Course Work	2-8	
<b>ELECTIVES: 7-13 HOURS BY ADVISEMENT—SEE NOTE</b>		
ELECTIVES (ANY LEVEL) ♦	7-13	
<b>MINIMUM HOURS REQUIRED TO COMPLETE DEGREE</b>	<b>120</b>	

♦ The core curriculum must total **exactly 42 hours**; excess hours must be moved to the major as an elective or a major requirement and stay within the 120-hour requirement or approved total submitted to the Coordinating Board for degree requirements. Some majors specify particular courses to meet core curriculum requirements when options are available.

\*Indicates prerequisites—see catalog for more information.

\*\* While MATH 1332, 1342 and 1350 will fulfill core math requirements, they will NOT prepare students for higher-level math courses such as Plane Trigonometry (MATH 1316) or Pre-Calculus (MATH 2412).

\*\*\* Or an equivalent course (second year, second semester) in a foreign language.

NOTE: At least 39 hours of advanced work (3000- or 4000-level courses) for which tuition is paid must be earned at WTAMU, and 30 of the final 36 hours counted toward the degree must be earned at WTAMU. A maximum of 60 semester hours in any single discipline, six hours in religion (RELI) and six hours in physical education (PHED) can be counted toward a degree.

**Note: This is NOT a degree plan. After completing 30 hours, students are encouraged to request an official degree plan by using the online [Degree Plan Request](#) form. The dean's office of the College of Nursing and Health Sciences, located in Old Main, Room 402 (or call 806-651-3500), can answer questions about the degree plan. Students who have completed 45 hours will not be allowed to progress without requesting a degree plan.**

**WTAMU ADVISING SERVICES**  
**2019-2020 Curriculum Guide**

Major: BS, Athletic Training

Major Code: 113

First Year			
Fall		Spring	
CORE 10 - ENGL 1301	3	CORE 10 - COMM	3
		See Checklist for Options	
CORE 20 - MATH	3	CORE 90	3
See Checklist for Options		See Checklist for Options	
SCIENCE/MATH	4	SCIENCE/MATH	4
BS Requirement		BS Requirement	
ATTR 2372	3	CORE 60 - HIST	3
		See Checklist for Options	
CORE 90 - SES 1120	1	ATTR 2371	3
Semester Hours	14	Semester Hours	16

Second Year			
Fall		Spring	
CORE 70 - POSC	3	CORE 70 - POSC	3
2305 or 2306		2305 or 2306	
CORE 30 - BIOL 2401	4	CORE 30 - BIOL 2402	4
CORE 40 -	3	CORE 80	3
See Checklist for Options		See Checklist for Options	
CORE 60 - HIST	3	ATTR 3309	3
See Checklist for Options		See Checklist for Options	
CORE 50	3	SES 3302	3
See Checklist for Options			
Semester Hours	16	Semester Hours	16

Third Year			
Fall		Spring	
ATTR 3308	3	ATTR 3331/ATTR 4412	3
ATTR 3332/ATTR 4320	3	SES 3316/SES 3321	3
SES 3304	3	SES 3340	3
SES 3341	3	SES 3356	3
ELECTIVE	3	ELECTIVE	3
Semester Hours	15	Semester Hours	15

Fourth Year			
Fall		Spring	
ATTR 2170*	1	ATTR 2170*	1
ATTR 3332/ATTR 4320	3	ATTR 3331/ATTR 4412	3
SES 4328	3	SES 4330	3
SES 4328	3	ELECTIVE	3
ELECTIVE	4	ELECTIVE	4
Semester Hours	14	Semester Hours	14

**Degree Total Hours     120**

**DISCLAIMER:** This curriculum guide should be used in conjunction with the corresponding degree checklist for general planning purposes only. The degree checklist (later a student's official degree plan) should be referred to as the comprehensive list of all courses required for the degree. An official degree plan is required after completing 45 hours. Students should always seek the advice of their academic adviser before scheduling classes.

Identified Marketable Skills for the Applied Sport Degree:
<ul style="list-style-type: none"> <li>▪ Oral/Written Communications</li> <li>▪ Career Management</li> <li>▪ Teamwork/Collaboration</li> <li>▪ Professionalism/Work Ethic</li> </ul>

Possible Career Settings or Educational Opportunities
<ul style="list-style-type: none"> <li>▪ Texas Licensure as an Athletic Trainer</li> <li>▪ Employment in High School, Clinic, or other Athletic Training Practice Settings</li> <li>▪ Preparation for graduate education in Athletic Training or other allied health fields</li> </ul>

**Prerequisites/Important Sequences/Other degree Notes:**  
 Completion of degree content, 1,800 clinical hours under direct supervision by an Athletic Trainer, and specified requirements of the TDLR affords graduates eligibility for Texas Athletic Training Licensing . Students may also use content in preparation to apply for an entry-level graduate Athletic Training or other allied health program. \* Degree requires 2-hours to 8-hours of ATTR 2170, maximum 1-hour per semester, resulting in 7-13 hours of electives by advisement.  
**Important Sequencing:** BIOL 2401 is the requisite for SES 3302; SES 3302 is the requisite for SES 3356 and SES 4341. BIOL 2402 is the requires for SES 3341. Fall only courses: ATTR 3308, ATTR 3332, ATTR 4320; Spring only courses: ATTR 3309, ATTR 3331, ATTR 4412, SES 3316, SES 3320.

[Access My Plan a career assessment tool](#)

[TDLR](#)

[Sports and Exercise Sciences Department webpage](#)