

**West Texas A&M University
Advising Services
Degree Checklist
2022-2023**

(For assistance completing this form, contact Advising Services at 806-651-5300)

NAME: _____ WT ID: _____ DATE: _____

**Applied Arts and Sciences—Sports and Exercise
Sciences Emphasis
Office of General Majors
Student Success Center (CC 110) 806-651-5300**

| CORE CURRICULUM COURSES: 42 HOURS † | | HRS |
|--|---|-----|
| Communication (Core 10) | | |
| ENGL 1301 Intro. To Academic Writing & Argumentation OR ENGL 1311 Writing About Ideas | 3 | |
| COMM 1315, 1318, or 1321 | 3 | |
| Mathematics (Core 20) | | |
| MATH 1314*, 1316*, 1324*, 1325*, 1332**/**, 1342**/**, 1350**/**, 2412*, or 2413* (2412 & 2413: fourth hr. moves to Core 90) | 3 | |
| Life and Physical Sciences (Core 30) | | |
| Take two courses from (extra lab hours move to Core 90): † ANSC 1319; BIOL 1406 or 1408, 1407* or 1409*, 1411, 1413; CHEM 1405* or 1411*, 1412*; ENVR 1407*; GEOL 1401 or 1403, 1402, 1404; PHYS 1401*, 1402*, 1411, 1412, 1471, 2425*, 2426*; PSES 1301, 1307 | 6 | |
| Language, Philosophy and Culture (Core 40) | | |
| ANTH 2351, ENGL 2321*, 2326*, 2331*, 2341*, 2343*; HIST 2311, 2323, 2372; MCOM 1307; PHIL 1301, 2374; SPAN 2311*, 2312**/**, 2313*, 2315*, or 2371 Choose 1 | 3 | |
| Creative Arts (Core 50) | | |
| ARTS 1301, 1303, 1304; DANC 2303; MUSI 1306, 1307 (for music majors), MUSI 1310; or THRE 1310 Choose 1 | 3 | |
| American History (Core 60) | | |
| HIST 1301 or 2381, 1302 or 2382, 2301 Choose 2 | 6 | |
| Government/Political Science (Core 70) | | |
| POSC 2305 and 2306 | 6 | |
| Social and Behavioral Sciences (Core 80) | | |
| AGBE 2317*; COMM 2377; CRIJ 1301; ECON 2301, 2302; PSYC 2301; SOCI 1301 Choose 1 | 3 | |
| Component Area Option (Core 90) | | |
| Take six hours from: † AGRI 2300; BIOL lab hours (from Core 30); BUSI 1301, 1304; CHEM lab hours (from Core 30); CIDM 1105, CIDM 1301 or 1315; CS 1301; ECON 2331; ENGL 1101, 1102, 1302*, 1312*, 2311*; ENVR lab hour (from Core 30); GEOL lab hours (from Core 30); IDS 1071 (1-3 hours); extra MATH hours (from Core 20); MUSI 1053; PHIL 2303; PHYS lab hours (from Core 30); SES 1120 | 6 | |
| PROFESSIONAL DEVELOPMENT CORE: SPORTS AND EXERCISE SCIENCES 24 HOURS | | |
| ■ ■ ■ | | |
| A grade of "C" or better must be earned in all courses listed below. | | |
| SES 3311 Principles of Instruction in Physical Activity | 3 | |
| SES 3320* Instructional Methodologies for Youth | 3 | |
| SES 3325 Programming for Health and Wellness of Children | 3 | |
| SES 3340 Sport Nutrition | 3 | |
| SES 3356* Theory and Practice of Strength Training and Conditioning <i>- SES 3356 has prerequisites that the department is prepared to override for students on this B.A.A.S. plan.</i> | 3 | |
| SES 4302 Motor Learning and Skill Acquisition | 3 | |
| SES 4322* Applied Instruction in Physical Activity | 3 | |
| SES 4325 Sport Psychology | 3 | |

**Bachelor of Applied Arts and Sciences Degree
BAAS (601)**

| ADVANCED ELECTIVES: 12 HOURS (TO TOTAL 36 ADVANCED HOURS EARNED AT WTAMU)—SEE NOTE II BELOW. | | |
|---|------------|--|
| ADVANCED ELECTIVES | 12 | |
| BAAS block transfer of technical/vocational credits, up to a maximum of 48 hours. | | |
| ELECTIVES—ANY LEVEL (to total 120 hours) | | |
| MINIMUM HOURS REQUIRED TO COMPLETE DEGREE | 120 | |

† The core curriculum must total **exactly 42 hours**; excess hours must be moved to the major as an elective or a major requirement and stay within the 120-hour requirement or approved total submitted to the Coordinating Board for degree requirements. Some majors specify particular courses to meet core curriculum requirements when options are available.

* Indicates prerequisites—see catalog for more information.

** While MATH 1332, 1342 and 1350 will fulfill core math requirements, they will NOT prepare students for higher-level math courses such as Plane Trigonometry (MATH 1316) or Pre-Calculus (MATH 2412).

*** Or an equivalent course (second year, second semester) in a foreign language.

NOTE I: This degree assumes completion of an associate of applied science degree at a community college or completion of an appropriate occupational certificate prior to starting work on the B.A.A.S. degree at WTAMU. Included in this credit must be a block of transfer of technical-vocational credits, up to a maximum of 48 hours. Additional hours of academic credit may be transferred.

NOTE II: At least 36 hours of advanced work (3000- or 4000-level courses) for which tuition is paid must be earned at WTAMU. A maximum of 60 semester hours in any single discipline, six hours in religion (RELI) and six hours in physical education (PHED) can be counted toward a degree.

NOTE: This is NOT a degree plan. All undergraduate students must request an official degree plan from their academic dean's office by the time they have completed 30 credit hours.