

**West Texas A&M University  
Advising Services  
Degree Checklist  
2021-2022**

NAME: \_\_\_\_\_ WT ID: \_\_\_\_\_ DATE: \_\_\_\_\_

**Athletic Training  
Department of Sports and Exercise Sciences  
AC 217 651-2370**

<b>CORE CURRICULUM COURSES: 42 HOURS ♦</b>	<b>HRS</b>	<b>CC</b>
<b>Communication (Core 10)</b>		
ENGL 1301 Introduction to Academic Writing and Argumentation	3	
COMM 1315, 1318, or 1321	3	
<b>Mathematics (Core 20)</b>		
MATH 1314*, 1316*, 1324*, 1325*, 1332*/**, 1342*/**, 1350*/**, 2412*, or 2413* (2412 & 2413: fourth hr. moves to Core 90)	3	
<b>Life and Physical Sciences (Core 30)</b>		
<b>Take two courses from (extra lab hours move to Core 90): ♦</b> ANSC 1319; BIOL 1406 or 1408, 1407* or 1409*, 1411, 1413; CHEM 1405* or 1411*, 1412*; ENVR 1407; GEOL 1401 or 1403, 1402, 1404; PHYS 1401*, 1402*, 1411, 1412, 1471, 2425*, 2426*; PSES 1301, 1307	6	
<b>Language, Philosophy and Culture (Core 40)</b>		
ANTH 2351, ENGL 2321*, 2326*, 2331*, 2341*, 2343*; HIST 2311, 2323, 2372; MCOM 1307; PHIL 1301, 2374; SPAN 2311*, 2312*/**, 2313*, 2315*, 2371 <b>Choose 1</b>	3	
<b>Creative Arts (Core 50)</b>		
ARTS 1301, 1303, 1304; DANC 2303; MUSI 1306, 1307 (for music majors), 1310; or THRE 1310 <b>Choose 1</b>	3	
<b>American History (Core 60)</b>		
HIST 1301, 1302, 2301, 2381, 2382 <b>Choose 2</b>	6	
<b>Government/Political Science (Core 70)</b>		
POSC 2305 and 2306	6	
<b>Social and Behavioral Sciences (Core 80)</b>		
AGBE 2317*; COMM 2377; CRIJ 1301; ECON 2301, 2302; PSYC 2301; SOCI 1301 <b>Choose 1</b>	3	
<b>Component Area Option (Core 90)</b>		
<b>Take six hours from: ♦</b> AGRI 2300; BIOL lab hours (from Core 30); BUSI 1304; CHEM lab hours (from Core 30); CIDM 1105, CIDM 1301 or 1315; CS 1301; ENGL 1101, 1102, 1302*, 2311*; ENVR lab hour (from Core 30); GEOL lab hours (from Core 30); IDS 1071 (1-3 hours); extra MATH hours (from Core 20); MUSI 1053; PHIL 2303; PHYS lab hours (from Core 30); SES 1120	6	
<b>ATHLETIC TRAINING REQUIREMENTS: 74 HOURS</b>		
<b>DIDACTIC COURSE WORK IN PHYSICAL EDUCATION/ATHLETIC TRAINING: 48 HOURS</b>		
ATTR 2371 Athletic Training I <b>CC</b>	3	
ATTR 3310 Therapeutic Modalities and Rehabilitation	3	
ATTR 3331* Athletic Training Evaluation I—Lower Extremity	3	
ATTR 3332* Athletic Training Evaluation II—Upper Extremity	3	
ATTR 4320* Athletic Training Trends and Issues	3	
ATTR 4412* Advanced Athletic Training	4	
SES 2342 Personal Fitness Concepts		
SES 3302* Structural and Mechanical Kinesiology	3	
SES 3304 Measurement and Evaluation Technique	3	
SES 3316 Drugs, Alcohol and Tobacco <b>CC</b>	3	

**Bachelor of Science Degree  
BS.AT (113)**

SES 3321 Motor Development	3	
SES 3340 Sport Nutrition	3	
SES 3341* Exercise Physiology	3	
SES 3356* Theory and Practice of Strength Training and Conditioning	3	
SES 4328* Psychology of Injury	3	
SES 4330* Administrative Concepts in Sport and Exercise Sciences	3	
SES 4341* Sport Biomechanics	3	
<b>DIDACTIC COURSE WORK IN OTHER DEPARTMENTS: 8 HOURS</b>		
BIOL 2401*, 2401L Human Anatomy & Physiology I <b>CC</b>	4	
BIOL 2402*, 2402L Human Anatomy & Physiology II <b>CC</b>	4	
<b>ATHLETIC TRAINING CLINICAL EXPERIENCE COURSE WORK: 2-8 HRS</b>		
ATTR 2170 Clinical Experience Course Work	2-8	
<b>ELECTIVES: 14-20 HOURS BY ADVISEMENT—SEE</b>		
ELECTIVES (ANY LEVEL) ♦	14-20	
<b>MINIMUM HOURS REQUIRED TO COMPLETE DEGREE</b>	<b>120</b>	

♦ The core curriculum must total **exactly 42 hours**; excess hours must be moved to the major as an elective or a major requirement and stay within the 120-hour requirement or approved total submitted to the Coordinating Board for degree requirements. Some majors specify particular courses to meet core curriculum requirements when options are available.

\*Indicates prerequisites—see catalog for more information.

\*\* While MATH 1332, 1342 and 1350 will fulfill core math requirements, they will NOT prepare students for higher-level math courses such as Plane Trigonometry (MATH 1316) or Pre-Calculus (MATH 2412).

\*\*\* Or an equivalent course (second year, second semester) in a foreign language.

NOTE: At least 36 hours of advanced work (3000- or 4000-level courses) for which tuition is paid must be earned at WTAMU. A maximum of six semester hours in religion (RELI) and six semester hours in physical education (PHED) courses can count toward a baccalaureate degree.

**NOTE: This is NOT a degree plan. All undergraduate students must request an official degree plan from their academic dean's office by the time they have completed 30 credit hours. Students who have questions about their degree plan should contact the office of the dean of the College of Nursing and Health Sciences, which is located in Old Main, Room 402 (phone 806-651-3500).**

# WTAMU ADVISING SERVICES

## 2021-2022 Curriculum Guide

Major: Athletic Training, B.S.

Major Code: 113

First Year																																													
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### Degree Total Hours 120

**DISCLAIMER:** This curriculum guide should be used in conjunction with the corresponding degree checklist for general planning purposes only. The degree checklist (later a student's official degree plan) should be referred to as the comprehensive list of all courses required for the degree. An official degree plan is required after completing 30 hours. Students should always seek the advice of their academic adviser before scheduling classes.

#### Identified Marketable Skills:

- Oral/Written Communications
- Career Management
- Teamwork/Collaboration
- Professionalism/Work Ethic

#### Top 3 Local Employers or Industries/Professional Programs/Possible Career Opportunities

- Texas licensure as an Athletic Trainer
- Employment in High School, Clinic, or other Athletic Training Practice Settings
- Preparation for graduate education in Athletic Training or other allied health fields.

#### Prerequisites/Important Sequences/Other degree Notes:

Completion of degree content, 1,8000 clinical hours under direct supervision by an Athletic Trainer, and specified requirements of the EDLR affords graduates eligibility for Texas Athletic Training Licensure. Student may also use content in preparation to apply for an entry-level graduate Athletic Training or other allied health program. **Important sequencing:** BIOL 2401 is the prerequisite for SES 3302; SES 3302 is the prerequisite for SES 3356 and SES 3341. BIOL 2402 is the prerequisite for SES 3341. **Fall only courses:** ATTR 3332. **Spring only courses:** ATTR 3331, ATTR 4312, SES 3316.

**Note 1 - CORE:** It is recommended that all students take ENGL 1301 (Core 10) and MATH (Core 20) in their first semester. For all other core categories, they may select from any available options. There is not set order in which core courses must be taken.