**StrengthsQuest Action Items**

*Option A*

To access general action items for each of the 34 talent themes follow the instructions below:

1. Log into your StrengthsQuest account
2. Click on the “My StrengthsQuest” tab in the upper left hand corner of the page
3. Click on the “Apply” tab

*Option B*

To access action items that are specific to each of your top five themes follow the instructions below:

1. Log into your StrengthsQuest account
2. Click on the “My StrengthsQuest” tab in the upper left hand corner of the page (you should be brought to a page that allows you to choose different reports you can view and download. Each of the reports provides information about your top five talent themes.
3. Click on the “download” button under the “Strengths Insight and Action-Planning Guide”.    This will allow you to download a report that provides action items that are specific to each of your top five talent themes. The action items listed in this report are different than the action items listed under the “Apply” tab described above.