Five Clues to Talent

**Yearning**
To what kinds of activities are you naturally drawn?

**Rapid Learning**
What kinds of activities do you seem to pick up quickly?

**Flow**
In what activities did you automatically know the steps to be taken?

**Glimpses of Excellence**
During what activities have you had moments of subconscious excellence when you thought, “How did I do that?”

**Satisfaction**
What activities give you a kick, either while doing them or immediately after finishing them, and you think, “When can I do that again?”