

West Texas A&M University
STARR Center
Degree Checklist
2008-2009

NAME: _____

WT ID: _____

DATE: _____

Athletic Training
Department of Sports and Exercise Sciences
AC 217 651-2370

CORE CURRICULUM COURSES: 41 HOURS ♦ Number of hours does not include specific core requirements listed below.	HRS	
Communication (10)		
ENGL 1301 (ENG 101); 1302* (ENG 102) or 2311* (ENG 270)	6	
Communication (11)		
SCOM 1315 (101), 1318 (103), or 1321 (201)	3	
Mathematics (20)		
MATH 1314* (110), 1324* (115), 1332**/**, 2412*, or 2413*	3	
Natural Sciences (30)		
Take two courses from:		
PSES 1301 (216), 1307 (112); ANSC 1319 (121); BIOL 1406 (101) or 1408 (NEW), 1407* (102) or 1409* (NEW), 1411 (122), 1413 (121); CHEM 1405 (121), 1411* (101), 1412* (102); GEOL 1401 (GESC 111) or 1403 (GEOL 101), 1402 (GESC 112), 1404 (GEOL 102); PHYS 1401* (101), 1402* (102), 1411, 1412, 2425* (210), 2426* (211)	6-8	
Humanities (40-41)		
ENGL 2321* (NEW), 2326* (NEW), 2331* (NEW), 2341* (NEW), 2343* (NEW); HIST 2311 (110), 2372 (210); MCOM 1307 (MC 107); PHIL 1301 (101), 2374 (204); or SPAN 2312*/*** (207) Choose 1	3	
Visual and Performing Arts (50)		
HUMA 1315 (FA 101); ARTS 1303 (ART 151), ARTS 1304 (ART 152); DANC 2303 (NEW); MUSI 1306 (MUS 101) or 1208 and 1209; or THRE 1310 (105) Choose 1	3	
Social and Behavioral Sciences (60)		
HIST 1301 (201), 1302 (202), 2301 Choose 2	6	
Social and Behavioral Sciences (70)		
POSC 2305 (101) or POSC 2370 (NEW); 2306 (102)	6	
Social and Behavioral Sciences (80)		
AGBE 2317 (213), ANTH 2351 (201); CRIJ 1301 (CJ 105); ECON 2301 (ECO 201), 2302 (ECO 202), 2371; GEOG 1302 (202); PSYC 2301 (PSY 201); SCOM 2377 (255); SOCI 1301 (201); or SOWK 2361 (SOWK 201) Choose 1	3	
Institutionally Designated Option (90)		
See University Core Requirements below	(1)	
ATHLETIC TRAINING REQUIREMENTS: 77 HOURS		
UNIVERSITY CORE REQUIREMENTS: 1 HOUR		
PHED 1111 (SES 101) Upon written recommendation of the University physician or the coordinator for Student Disability Services, students may substitute a one hour elective course in lieu of physical education course.	1	
ATHLETIC TRAINING CORE REQUIREMENTS: 15 HOURS		
ATTR 2371* (SES 210) Athletic Training I	3	
SES 3302 (302) Structural and Mechanical Kinesiology	3	
SES 3304 (304) Measurement and Evaluation Technique	3	
SES 3321 (321) Motor Development	3	
SES 3341 (341) Physiology of Exercise	3	
DIDACTIC COURSEWORK IN PHYSICAL EDUCATION/ATHLETIC TRAINING: 40 HOURS		
ATTR 2372* CPR for the Health Professional	3	
ATTR 3308* (AT 308) Therapeutic Exercise	3	

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ATTR 3309* (AT 309) Therapeutic Modalities	3	
ATTR 3331* (AT 331) Athletic Training Evaluation I—Lower Extremity	3	
ATTR 3332* (AT 332) Athletic Training Evaluation II—Upper Extremity	3	
ATTR 4412* (AT 412) Advanced Athletic Training	4	
SES 3316 (316) Drugs, Alcohol and Tobacco	3	
SES 3340 (340) Sport Nutrition	3	
SES 3356 (356) Theory and Practice of Strength Training and Conditioning	3	
SES 4325 (425) Sport Psychology	3	
SES 4330 (430) Principles of Sports Administration	3	
SES 4340* (440) Sport and Exercise Testing	3	
SES 4341 (441) Sport Biomechanics	3	
REQUIREMENTS FROM OTHER DEPARTMENTS: 8 HOURS		
BIOL 2401, 2401L Human Anatomy & Physiology I	4	
BIOL 2402, 2402L Human Anatomy & Physiology II	4	
CLINICAL EXPERIENCE REQUIREMENTS: 13 HOURS		
ATTR 2170 Introduction to Clinical Experiences	1	
ATTR 2271* Clinical Experience in Athletic Training I	2	
ATTR 2272* Clinical Experience in Athletic Training II	2	
ATTR 3263* Clinical Experience in Athletic Training III	2	
ATTR 3264* Clinical Experience in Athletic Training IV	2	
ATTR 4265* Clinical Experience in Athletic Training V	2	
ATTR 4266* Clinical Experience in Athletic Training VI	2	
ELECTIVES: 2 HOURS BY ADVISEMENT****		
ELECTIVES (ANY LEVEL)	2	
TOTAL HOURS REQUIRED TO COMPLETE DEGREE	120	

♦ For list of core courses with descriptions see www.wtamu.edu/starr/.

*Indicates prerequisites—see [catalog](#) for more information.

** While MATH 1332 will fulfill core math requirements for students in the 2008-2009 catalog, it will NOT prepare them for math beyond MATH 1332 such as Business Math II (MATH 1325), Pre-Calculus (MATH 2412), etc.

*** Or an equivalent course (second year, second semester) in French or German.

**** A maximum of six semester hours in religion and a maximum of six semester hours in physical education (PHED) courses can count toward a baccalaureate degree. No more than 60 hours in any single discipline can be counted toward this degree. At least 36 hours of advanced work (courses at the 3000- or 4000-level) are required to receive a bachelor's degree. At least 30 must be earned in residence at WTAMU.

Note: This is NOT a degree plan. Upon completion of 60 hours, apply for a degree plan in the office of the dean of the College of Nursing and Health Sciences located in Old Main, Room 402, or call 651-3500.