

BuffStrong

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Achiever – Learner – Harmony –
Discipline - Intellection

NEW STUDENT ORIENTATION



About CliftonStrengths

- Developed by the Father of Strengths Psychology, Donald O. Clifton and a team of researchers with GALLUP, Inc.
- Based on a 40-year study of human strengths
- The assessment actually measures talents, a natural way of thinking, feeling, or behaving.

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About CliftonStrengths

- Achiever
- Activator
- Adaptability
- Analytical
- Arranger
- Belief
- Command
- Communication
- Competition
- Connectedness
- Context
- Deliberative
- Developer
- Discipline
- Empathy
- Fairness
- Focus
- Futuristic
- Harmony
- Ideation
- Inclusiveness
- Individualization
- Input
- Intellection
- Learner
- Maximizer
- Positivity
- Relator
- Responsibility
- Restorative
- Self-Assurance
- Significance
- Strategic
- Woo

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Why Strengths at WT?

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1. Improve Self Awareness
2. Foster Development
3. Find Direction

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Purpose

Liking what you do each day and being motivated to achieve your goals



Social

Having supportive relationships and love in your life



Financial

Managing your economic life to reduce stress and increase security



Community

Liking where you live, feeling safe and having pride in your community



Physical

Having good health and enough energy to get things done daily

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West Texas A&M
UNIVERSITY™



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How can you help your student develop their Strengths?

- www.wtamu.gallup.com
- Learn their Top 5
- Recognize when they are using their talents
- Encourage them to use their talents

QUESTIONS?

Contact Us!

**Vice President, Student
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and Success**

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