Master of Science in Sports and Exercise Science  
Exercise Science Emphasis

Who pursues this program?
- Students with a background in chemistry, biology, physiology, exercise science, exercise physiology, athletic training, or health sciences.
- Professionals from fields such as nursing, physical therapy, occupational therapy, strength and conditioning, cardiac rehabilitation, and laboratory research.

How does the program work?
- 36-hour program which can be completed in two calendar years.
- Classes and seminars offered in a face-to-face format.
- Options for independent research and collaboration with faculty to include experimental design, data collection and analysis, academic paper generation, journal submission, and conference presentation.
- Thesis preferred.
- Internships are offered in the WTAMU Human Performance Research Laboratory and with outside cardiac rehabilitation and health clubs.

How will this degree benefit me?
Professions open to program graduates include:
- Strength coaches for college, university, and professional sports programs.
- Teachers at institutions of higher learning.
- Researchers in companies that make physiological equipment for testing and evaluation.
- Managers and exercise leaders in corporate wellness programs.
- Instructors in health and fitness clubs.
- Supervisors of specialized health, fitness, wellness, or lifestyle programs in correctional services, police, fire, and emergency response organizations.
- Fitness instructors in YMCAs, spas, and resort centers.
- Exercise specialists in cardiopulmonary rehabilitation programs.
- Fitness directors and managers in the military (such as the Air Force and Army).
- Exercise technologists in cardiology suites.
- Sports consultants in areas of psychology and training, biomechanics, efficiency and metabolism, and nutrition.
- Electrophysiology technologists in hospital settings.

What courses will I take?
- 12 hours of core SES coursework
- 12 hours of exercise science emphasis coursework
- 12 hours of electives

What sets this program apart from other programs?
Students come from diverse backgrounds (chemistry, biology, anatomy, physiology, nursing), but are united in their focus on sport/exercise performance. This degree offers unique classroom and laboratory learning experiences, small class sizes, and unique/diverse employment opportunities.
Admission Criteria and Application Guidelines

**Full Admission**
- Undergraduate grade point average (GPA) of 3.0 or higher.
- Official transcripts from all colleges and universities attended.
- Graduate Record Examination (GRE) scores at the 25th percentile or higher in both the verbal and analytical writing test areas.

**Alternative Admission**
- Undergraduate GPA of 2.75 to 2.99.
- Demonstration of progressive improvement from junior year forward.
- Subjective assessment of upper division coursework and coursework in the student’s major.
- Official transcripts from all colleges and universities attended.
- GRE scores at the 30th percentile or higher in both the verbal and analytical writing test areas.

**Reviewed Admission**
- Undergraduate GPA of 2.75 to 2.99.
- Demonstration of progressive improvement from junior year forward.
- Subjective assessment of upper division coursework and coursework in the student’s major.
- Official transcripts from all colleges and universities attended.
- GRE scores at the 30th percentile in either the verbal or analytical writing section and no less than the 21st percentile in the other.
- Applications require a graduate faculty review being admitted to the program.

**Suggested Deadlines to Apply**
- August 1 for Fall admission
- December 1 for Spring admission
- May 1 for Summer admission

**Program Contact Information**
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