

Counseling Courses and Descriptions

EDPD 6329

Human Development. (3 3 0) Systematic analysis of various human behavioral domains concerned with teaching and learning. Summer online.

COUN 6301

Introduction to Clinical Mental Health Counseling (3 3 0) This course addresses professional practice issues in clinical mental health counseling. Emphasis is placed on history of the counseling profession, counselor identity, roles and functions in community mental health settings, participation in professional counseling organizations, and trends affecting the field and practice of mental health counseling.

COUN 6304

Introduction to Research Methods. (3 3 0) This course introduces the language, principles, reasoning, and methodologies in counseling-related research, how to critically evaluate research literature, recognize ethical issues relevant to conducting research, and how research can improve counseling effectiveness. Students will learn to develop relevant research questions, design appropriate research paradigms, and write a preliminary research proposal.

COUN 6305

Theories of Counseling. (3 3 0) Major theories of counseling; provides models to conceptualize client issues & selecting appropriate interventions.

COUN 6306

Introduction to School Counseling. (3 3 0) Principles and practices of guidance and counseling services in schools with emphasis on delivery of services to students and consultation skills for working with staff.

COUN 6308

Ethical Standards and Practice in Counseling. (3 3 0) Examination of ethical standards of professional organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling practice.

COUN 6324

Counseling Interventions with Children and Adolescents. (3 3 0) Techniques and procedures for working with children, youth and their parents.

COUN 6326

Introduction to Play Therapy (3 3 0) Introduction to the foundations, theoretical orientations, and interventions related to working with the youth in a play therapy setting. Successful completion of COUN 6324 is required.

COUN 6327

Career Counseling. (3 3 0) Explores theoretical framework of career counseling; introduction to basic career counseling tools and interventions utilized within the career counseling process.

COUN 6328

Group Counseling. (3 3 0) Dynamics of counseling applied to the group setting. Experimental learning in a simulated group process. COUN 6305 and 6375 are required to be completed prior to enrollment in this course.

COUN 6330

Cross-cultural Counseling. (3 3 0) Introduction to the cultural composition of multiple subgroups represented in society. Subgroups can be based on age, gender, sexual orientation, mental and physical characteristics, education, religious and spiritual values, socio-economic status or other commonalities. The focal task will be to build knowledge, awareness, and skills necessary to become effective helpers and advocates for diverse populations.

COUN 6340

Consultation in Counseling. (3 3 0) Professional roles, functions, and relationships with other human service providers, including strategies for interagency collaboration and communication. Exploration of consultation models and skills, including program evaluations.

COUN 6365

Diagnosis and Treatment in Counseling. (3 3 0). Introduction to mental health concerns, diagnosis of mental health symptomology and an overview of the existing treatment strategies and interventions for various mental health issues.

COUN 6371

Psychopharmacology and Substance Abuse Treatment. (3 3 0) Impact of psychotropic medications on clients and how these therapies influence counseling interventions. Methods counselors should employ when intervening with clients who are recovering from drug/alcohol abuse and dependence. Fall.

COUN 6372

Assessment and Testing in Counseling. (3 3 0) Ethical strategies for selecting, administering, and interpreting standardized and non-standardized assessment and evaluation instruments for use in professional counseling settings. Successful completion of COUN 6304 is required prior to taking this course.

COUN 6373

Couples and Family Counseling. (3 3 0) Overview of the major traditional family therapy theories and recent advances in intervention techniques for couples and families in counseling. Prerequisite COUN 6305.

COUN 6375

Essential Helping Skills of Counseling. (3 3 0) Identification and implementation of techniques that are used in the counseling relationship. Emphasis on interviewing clients and basic intervention strategies. Experimental learning in simulated counseling sessions.

COUN 6376

Sexuality Across the Lifespan. (3 3 0) Exploration of human sexuality and assisting individuals and couples with sexual concerns. Emphasis on sexual development, sexual orientation, sexual dysfunction, and sexual trauma/abuse.

COUN 6380

Clinical Skills Laboratory. (3 3 0) This course is a competency-based supervised experience in individual and group counseling through the counseling lab on campus. Both school counseling and clinical mental health counseling students are required to take this course. Instructor consent required.

COUN 6381

Special Topics in Counseling. (3 3 0) Introduction to various special topics in counseling, which can include crisis counseling, grief and loss counseling, and stress management techniques in counseling.

COUN 6382

Counselor Supervision. (3 3 0) This course is designed to provide students with theoretical and practical knowledge of clinical supervision models, methods and issues. The course will explore supervisory roles, evaluation methods, research, legal and ethical issues, and socio-cultural issues in supervision.

COUN 6394

Individual Studies in Counseling. (3 3 0) Opportunity to explore and research special topics and projects in counseling. Projects may not be a part of existing class requirements and must be completed by the student working on an independent basis with guidance from a faculty advisor. Instructor consent is required.

COUN 6398

Internship in Counseling. (3 3 0) Opportunity for students to perform, under supervision, a variety of activities that regularly employed counselors typically perform in schools and professional counseling settings. Upon completion, students should have received 600 hours of experience and training in individual counseling, group counseling and assessment. Successful completion of COUN 6399 and Instructor consent required prior to taking this course.

COUN 6399

Practicum in Counseling. (3 2 0) This course is a competency-based supervised experience in schools and professional counseling settings. Upon completion, students should have received 100 hours of experience and training in individual counseling, group counseling and assessment. Instructor consent required.