

**West Texas A&M University  
Advising Services  
Degree Checklist  
2023-2024**

**NAME:** \_\_\_\_\_ **WT ID:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**Athletic Training  
Department of Sports and Exercise Sciences  
AC 217 651-2370**

<b>CORE CURRICULUM COURSES: 42 HOURS</b>		<b>HRS</b>
<b>Communication (Core 10)</b>		
ENGL 1301 Intro. To Academic Writing & Argumentation OR ENGL 1311 Writing About Ideas	3	
COMM 1315, 1318, or 1321	3	
<b>Mathematics (Core 20)</b>		
MATH 1314*, 1316*, 1324*, 1325*, 1332*/**, 1342*/**, 1350*/**, 2412*, or 2413* (2412 & 2413: fourth hr. moves to Core 90)	3	
<b>Life and Physical Sciences (Core 30)</b>		
<b>Take two courses from:</b> ANSC 1319; BIOL 1406 or 1308, 1407* or 1309*, 1411, 1413; CHEM 1305* or 1411*, 1412*; ENVR 1407*; GEOL 1301 or 1403, 1302, 1404; PHYS 1401*, 1402*, 1311, 1312, 1371, 2425*, 2426*; PSES 1301, 1307 - BIOL 1406, 1407, 1411, 1413; CHEM 1411, 1412; GEOL 1403, 1404; PHYS 1401, 1402, 2425, 2426: 4 <sup>th</sup> hr. moves to Core 90	6	
<b>Language, Philosophy and Culture (Core 40)</b>		
ANTH 2351, ENGL 2321*, 2326*, 2331*, 2341*, 2343*; HIST 2311, 2323, 2372; MCOM 1307; PHIL 1301, 2374; SPAN 2311*, 2312*/**, 2313*, 2315*, 2371 <b>Choose 1</b>	3	
<b>Creative Arts (Core 50)</b>		
ARTS 1301, 1303, 1304; DANC 2303; MUSI 1306, 1307 (for music majors), 1310; or THRE 1310 <b>Choose 1</b>	3	
<b>American History (Core 60)</b>		
HIST 1301, 1302, 2301, 2381, 2382 <b>Choose 2</b>	6	
<b>Government/Political Science (Core 70)</b>		
POSC 2305 and 2306	6	
<b>Social and Behavioral Sciences (Core 80)</b>		
AGBE 2317*; COMM 2377; CRIJ 1301; ECON 2301, 2302; GEOG 1302; PSYC 2301; SOCI 1301 <b>Choose 1</b>	3	
<b>Component Area Option (Core 90)</b>		
<b>Take six hours from:</b> AGRI 2300; BIOL 4 <sup>th</sup> hour from 4-hour courses (from Core 30); BUSI 1301, 1304; CHEM 4 <sup>th</sup> hour from 4-hour courses (from Core 30); CIDM 1105, CIDM 1301 or 1315; CS 1301; ECON 2331; ENGL 1101, 1102, 1302*, 1312*, 2311*; ENVR 4 <sup>th</sup> hour (from Core 30); GEOL 4 <sup>th</sup> hour from 4-hour courses (from Core 30); IDS 1071 (1-3 hours); MATH 4 <sup>th</sup> hour from 4-hour courses (from Core 20); MUSI 1053; PHIL 2303; PHYS 4 <sup>th</sup> hour from 4-hour courses (from Core 30); SES 1120	6	
<b>ATHLETIC TRAINING REQUIREMENTS: 74 HOURS</b>		
<b>DIDACTIC COURSE WORK IN PHYSICAL EDUCATION/ATHLETIC TRAINING: 48 HOURS</b>		
ATTR 2371 Athletic Training I	3	
ATTR 3310 Therapeutic Modalities and Rehabilitation	3	
ATTR 3331* Athletic Training Evaluation I—Lower Extremity	3	
ATTR 3332* Athletic Training Evaluation II—Upper Extremity	3	
ATTR 4312* Advanced Athletic Training	3	
SES 2342 Personal Fitness Concepts	3	
SES 3302 Structural and Mechanical Kinesiology	3	
SES 3304 Measurement and Evaluation Technique	3	
SES 3316 Drugs, Alcohol and Tobacco	3	

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SES 3321 Motor Development	3	
SES 3340 Sport Nutrition	3	
SES 3341* Exercise Physiology	3	
SES 3356* Theory and Practice of Strength Training and Conditioning	3	
SES 4328* Psychology of Injury	3	
SES 4330* Administrative Concepts in Sport and Exercise Sciences	3	
SES 4341* Sport Biomechanics	3	
<b>DIDACTIC COURSE WORK IN OTHER DEPARTMENTS: 8 HOURS</b>		
BIOL 2401*, 2401L Human Anatomy & Physiology I	4	
BIOL 2402*, 2402L Human Anatomy & Physiology II	4	
<b>ATHLETIC TRAINING CLINICAL EXPERIENCE COURSE WORK: 2-8 HRS</b>		
ATTR 2170 Clinical Experience Course Work	2-8	
<b>ELECTIVES: 14-20 HOURS BY ADVISEMENT</b>		
ELECTIVES (ANY LEVEL) ♦	14-20	
<b>MINIMUM HOURS REQUIRED TO COMPLETE DEGREE</b>	<b>120</b>	

\*Indicates prerequisites—see catalog for more information.

\*\* While MATH 1332, 1342 and 1350 will fulfill core math requirements, they will NOT prepare students for higher-level math courses such as Plane Trigonometry (MATH 1316) or Pre-Calculus (MATH 2412).

\*\*\* Or an equivalent course (second year, second semester) in a foreign language.

**NOTE: This is NOT a degree plan. All undergraduate students must request an official degree plan from their academic dean's office by the time they have completed 30 credit hours.**

**WTAMU ADVISING SERVICES – 2023-2024 Curriculum Guide**

**Major: Athletic Training, B.S.**

**Major Code: 113**

<b>Year 1: Fall</b>	
CORE 10 (Communication) – ENGL 1301 or 1311	3
CORE 20 (Mathematics) – See checklist for options	3
CORE 30 (Life & Phys. Sci.) – See checklist for options	3
CORE – See checklist for options <sup>1</sup>	3
CORE 90 (Component Area Option) – See checklist for options - <b>SES 1120</b> is strongly recommended for 1 – 6 hours required for Core 90 ; Lab for Core 30	1,1
<b>Total:</b>	<b>14</b>

<b>Year 1: Spring</b>	
CORE 30 (Life & Phys. Sci.) – See checklist for options	3
CORE – See checklist for options <sup>1</sup> ; Lab for Core 30	3, 1
CORE – See checklist for options <sup>1</sup>	3
CORE – See checklist for options <sup>1</sup>	3
ATTR 2371 Athletic Training I	3
<b>Total:</b>	<b>16</b>

<b>Year 2: Fall</b>	
BIOL 2401/2401L Human Anatomy and Physiology I	4
SES 2342 Personal Fitness Concepts	3
SES 3302 Structural and Mechanical Kinesiology	3
CORE – See checklist for options <sup>1</sup>	3
CORE – See checklist for options <sup>1</sup>	3
<b>Total:</b>	<b>16</b>

<b>Year 2: Spring</b>	
BIOL 2402/2402L Human Anatomy and Physiology II	4
ATTR 3310 Therapeutic Modalities & Rehabilitation	3
CORE – See checklist for options <sup>1</sup>	3
CORE – See checklist for options <sup>1</sup>	3
CORE – See checklist for options <sup>1</sup>	3
<b>Total:</b>	<b>16</b>

<b>Year 3: Fall</b>	
ATTR 2170 Clinical Experience in Athletic Training I <sup>2</sup>	1
ATTR 3332 Athletic Training Evaluation II – Upper Extremity	3
SES 3304 Measurement & Evaluation Techniques	3
SES 3316 Drugs, Alcohol and Tobacco	3
SES 3341 Exercise Physiology	3
Elective	3
<b>Total:</b>	<b>16</b>

<b>Year 3: Spring</b>	
ATTR 2170 Clinical Experience in Athletic Training I <sup>2</sup>	1
ATTR 3331 Athletic Training Evaluation I – Lower Extremity	3
SES 3321 Motor Development	3
SES 3340 Sport Nutrition	3
SES 3356 T & P of Strength Training & Conditioning	3
Elective	3
<b>Total:</b>	<b>16</b>

<b>Year 4: Fall</b>	
ATTR 2170 Clinical Experience in Athletic Training I <sup>2</sup>	1
SES 4328 Psychology of Injury	3
SES 4341 Sport Biomechanics	3
Elective	3
Elective	3
<b>Total:</b>	<b>13</b>

<b>Year 4: Spring</b>	
ATTR 2170 Clinical Experience in Athletic Training I <sup>2</sup>	1
ATTR 4312 Advanced Athletic Training	3
SES 4330 Administrative Concepts in SES	3
Elective	3
Elective	3
<b>Total:</b>	<b>13</b>

<sup>1</sup> **CORE:** There is no set order in which core courses must be taken.

<sup>2</sup> Must be admitted in Athletic Training Program for ATTR 2170; 2-hours required, 8-hours maximum

<p><b>Identified Marketable Skills</b></p> <p>Oral/Written Communications Career Management Teamwork/Collaboration Professionalism/Work Ethic</p>	<p><b>Top Three Local Employers or Industries/Professional Programs/Possible Career Opportunities</b></p> <p>Texas licensure as an Athletic Trainer Employment in high school, clinic, or other athletic training practice settings Preparation for graduate education in Athletic Training or other allied health fields</p>
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**Additional notes:**

- The core curriculum must total exactly 42 hours; excess hours must be moved to the major as an elective or a major requirement and stay within the 120-hour requirement or approved total submitted to the Coordinating Board for degree requirements. Some majors specify particular courses to meet core curriculum requirements when options are available.
- At least 36 hours of advanced work (3000- or 4000-level courses) for which tuition is paid must be earned at WTAMU. A maximum of six semester hours in religion (RELI) and six semester hours in physical education (PHED) courses can count toward a baccalaureate degree.
- Completion of degree content, 1,800 clinical hours under direct supervision by an Athletic Trainer, and specified requirements of the TDLR affords graduates eligibility for Texas Athletic Training Licensing. Student may also use content in preparation to apply for an entry-level graduate Athletic Training or other allied health program.
- Important sequencing: SES 3302 is the prerequisite for SES 3356 and SES 4341. BIOL 2402 is the prerequisite for SES 3341.
- Fall only courses: ATTR 3332. Spring only courses: ATTR 3310, ATTR 3331, ATTR 4312, SES 3321.

DISCLAIMER: This curriculum guide should be used in conjunction with the corresponding degree checklist for general planning purposes only. The degree checklist (later a student's official degree plan) should be referred to as the comprehensive list of all courses required for the degree. An official degree plan is required after completing 30 hours. Students should always seek the advice of their academic adviser before scheduling classes.